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## Customer Reviews

210

4.4 out of 5 stars

5 star  73%4 star  13%3 star  6%2 star  3%1 star  5%

## NOW Foods Cayenne, 500mg, 250 Vc...

by [NOW Foods](#)Package Quantity: 1 [Change](#)Price: **\$10.44** + Free shipping with Amazon Prime[Rate this item](#)[Write a review](#)[Add to Cart](#)[Add to Wish List](#)

## Top positive review

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26 people found this helpful

**I don't get sick anymore**

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

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## Top critical review

[See all 29 critical reviews](#) ›**Three Stars**

By Thomas Mork on March 17, 2017

not to sure its helping but be prepared it warms your belly

**\$5.00 off coupon**

on Crest 3D White Whitestrips with Light, 10 ct.  
Offer ends on or before Apr 30, 2017

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**Five Stars**By [Amazon Customer](#) on June 29, 2016Package Quantity: 1 **Verified Purchase**

delivered as expected

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Was this review helpful to you?

Yes

No

[Report abuse](#)**Five Stars**By [Nichole James](#) on June 22, 2016Package Quantity: 1 **Verified Purchase**

Reduce acid reflux

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3 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**OK product**By [Min Min](#) on June 21, 2016Package Quantity: 1 **Verified Purchase**

I did not find much difference in my overall being after taking this product.

[Comment](#)

Was this review helpful to you?

Yes

No

[Report abuse](#)**Very powerful !! Awesome**By [Amazon Customer](#) on June 14, 2016Package Quantity: 1 **Verified Purchase**

Very s

It improves my arthritis a lot by dissolving the inflammation

This is the most powerful cream i have put on myself and i tried a lot of creams

I also recomend you dmsO that will dissolve inflammation that from some reason cayeene wont but overall cayeene is the best cream

It will do wonders for your body. Rub it all over your body

Its hot for an hour or two but its not too bad and its worth it!

[Comment](#)

Was this review helpful to you?

Yes

No

[Report abuse](#)**Questions? Get fast answers from reviewers**

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

[See all 9 answered questions](#)[Ask](#)**Customers also viewed these items**[Nature's Way Cayenne Extra Hot, Capsules 100ea](#)

by Nature's Way

**\$4.74 - \$14.97**

188

[Solaray Cool Cayenne 600 mg VCapsules, 180 Count](#)

by Solaray

**\$12.46**

64

[Nature's Way - Cayenne, 450 mg, 180 capsules](#)

by Nature's Way

**\$10.45**

138

[Cayenne Pepper Capsules - 90 Kosher Caps - Now with 500mg Organic Cayenne Pepper Fruit...](#)

by Pure Mountain Botanicals

**\$15.67**

45

**My pee pee is clear!**By [Kenny Widlund](#) on June 10, 2016Package Quantity: 1 **Verified Purchase**

I decided to look into Cayenne Pepper alone after the whole "Lemonade Diet" thing took off.

I was curious to see what this Cayenne Pepper had to do with the cleanse, and WOW!

It is a medicinal herb that can actually save a persons life during a heart attack.

It is amazing how this spice can do so much for you.

I took it a while back, but inconsistently.

So three months ago, I decided to start taking Cayenne Pepper and WOW AGAIN!

My co-workers, friends, and family notice me losing weight (the healthy way, slow and steady)

Also, since taking this brand of Cayenne Pepper my pee pee is a VERY light yellow and at times CLEAR, which means my body is cleansed.

I take 2 capsules in the morning, and 2 in the afternoon.

I also wash my face with Cayenne Pepper (to increase blood circulation to produce collagen for anti-aging).

As you can tell, I have a high tolerance to pain lol!

It is a small price for a product that has so many health benefits.

\*I was not offered free/discounted product in return for my review\*

\*This is an honest review\*

Thank you.

[1 comment](#)

25 people found this helpful. Was this review helpful to you?

[Report abuse](#)**The product is easy to take**By [WMW](#) on June 8, 2016Package Quantity: 1 **Verified Purchase**

The product is easy to take. Pills are on the smallish side, and do not upset my stomach. I have taken with and without food. I have taken the recommended dose each day since I received them with no noticeable aftertaste.

I feel better since I started taking them.

[Comment](#)

11 people found this helpful. Was this review helpful to you?

[Report abuse](#)**Five Stars**By [Brian Allen](#) on June 2, 2016Package Quantity: 1 **Verified Purchase**

It's literally just cayenne. No complaints. Pills are average size, no taste.

[Comment](#)

3 people found this helpful. Was this review helpful to you?

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Nature's Way Cayenne Pepper,  
450 mg, 180 Capsules (Pack of  
2)

by Nature's Way

**\$18.08**

122

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**Doesn't get any better**By [Adam Brand](#) on May 30, 2016Package Quantity: 1 **Verified Purchase**

Now foods have become synonymous with quality. Throughout the years, many things change, but the quality of Now foods product did not. (That is a good thing) Third party private labs all point to one thing, and that is, what you see and pay for is what you get. I personally would not hesitate to buy this product again if I needed too.

Tip: Not for people with ulcers or sensitivities to spicy foods. Take with food, otherwise you will feel the burn, and not the good kind.

[Comment](#)One person found this helpful. Was this review helpful to you?   [Report abuse](#)**Not. For. Hemorrhoids.**By [LUCK VINE VOICE](#) on May 30, 2016

Package Quantity: 1

I got these because they were recommended by a number of websites as a treatment for hemorrhoids. Well, if you have a sensitive stomach like I do, then you should stay away from this. It is essentially a spice that upset my stomach and made the hemmies far worse!

[Comment](#)3 people found this helpful. Was this review helpful to you?   [Report abuse](#)**I purchased this due to the health benefits of cayenne ...**By [jbug](#) on May 28, 2016Package Quantity: 1 **Verified Purchase**

I purchased this due to the health benefits of cayenne. This maybe a quality supplement however I could not stand the heartburn I got from taking this so I had to stop after the first few days.




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